

2009-2010 Health Background Form
University at Buffalo Student Health Services
Michael Hall, 3435 Main Street, Buffalo, NY 14214-8003
Phone: 716-829-3316 Fax: 716-829-2564
Email: student-health@buffalo.edu
Web: <http://wellness.buffalo.edu>

The State University of New York at Buffalo requires that each student file the Health Background Form with the UB Student Health Services before attending the University.

PART 1: DEMOGRAPHICS & PERMISSIONS

1. Last Name: _____

First Name: _____ M.I.: _____

2. Birthdate: _____ / _____ / _____
Month Day Year

3. UB Person #: _____

4. Local Address: _____

5. Best phone # to reach you: _____

6. I realize that email is not a secure medium. However, in order to facilitate communication, I give Student Health Services permission to communicate with me via email about my care. I realize that I can withdraw this permission in writing at any time.

Student Signature: _____

7. Emergency Contact Name: _____

Relationship to Student: _____

Emergency Contact Phone #: _____

Consent of Parent or Guardian for Treatment of Those Under 18 Years of Age

To be completed if the student is under 18 years of age at the time of arrival on campus even if student will turn 18 during the academic year.

To obtain care that may be necessary for our students and to protect the physicians and institutions involved, it is necessary that you sign the consent for treatment statement. While every reasonable effort is made to contact families in the event of serious illness or injury, this is not always possible within a short period of time; therefore, the consent form is necessary to provide appropriate care.

Signature of Parent/Guardian indicates that UB Student Health Services has permission to treat your child. This includes care and treatment by medical providers at any outside health care facility if deemed necessary by UB Student Health Services.

Parent/Guardian Signature Date

PART 2: HEALTH HISTORY

1. Drug Allergies: _____

2. Current Medications & doses: _____

3. Medical/Psychological conditions: _____

PART 3: PHYSICAL EXAMINATION

Required only for students in DDS & NU programs. Must be completed and signed by a health care provider.

Height: _____ Weight: _____ Blood Pressure: _____

Any significant history, physical exam findings, regular medications, or restriction of activity?

Signature of health care provider

Date

Stamp of health care provider

Phone number of practice

PART 5: MANDATORY TUBERCULOSIS SCREENING FORM

Sections A and B are REQUIRED for ALL students

Student's name (please print): _____ UB Person #: _____
Last First MI

Birthdate: ____/____/____ Country of Birth: _____ Year arrived in US: _____
Month Day Year

SECTION A: PAST DIAGNOSIS OF TUBERCULOSIS (TB)

- 1. Have you ever been sick with tuberculosis? YES NO
- 2. Have you ever had a positive mantoux test? YES NO
[A mantoux (PPD) is a skin test for tuberculosis]

SECTION B: TUBERCULOSIS (TB) EXPOSURE RISK QUESTIONNAIRE

- 1. Are you currently in a health-related academic program/major? YES NO
- 2. Were you born in, or have you lived, worked or visited for more than one month in any of the following:
Asia, Africa, South America, Central America or Eastern Europe? YES NO
If yes, what country? _____ How long? _____
Reason (please circle) Born there Tourist Work School Other _____
- 3. Have you had HIV infection, AIDS, diabetes, leukemia, lymphoma or a chronic immune disorder? YES NO
- 4. Do any of the following conditions or situations apply to you?
 - a) Do you have a persistent cough? (3 weeks or more), fever, night sweats, fatigue, loss of appetite, or weight loss? YES NO
 - b) Have you ever lived with or been in close contact to a person known or suspected of being sick with TB? YES NO
 - c) Have you ever lived, worked, or volunteered in any homeless shelter, prison/jail, hospital or drug rehabilitation unit, nursing home or residential healthcare facility? YES NO

Student Signature _____ Date _____

If you answered yes to any of the above, your health care provider must complete Section C.
If you answered no to all of the above, skip Section C.

SECTION C: ATTENTION HEALTH CARE PROVIDER: If student answers YES to any of the above questions, proof of a PPD is REQUIRED. If PPD results are 10mm or more, a chest x-ray is REQUIRED. PPD and/or chest x-ray must be done within one calendar year prior to admittance (unless history of positive PPD). If student has history of positive PPD, chest x-ray within past 4 years is required. History of BCG vaccination does not prevent testing of a member of a high risk group.

PPD: Date placed _____ Date read _____ mm induration _____

Date of chest x-ray _____ Result _____

If negative CXR and positive PPD, did student complete a course of INH? YES NO
If yes, how many months did student take INH? _____ (# of months)

PROVIDER INFORMATION REQUIRED

Signature of health care provider

Date

Stamp of health care provider

Phone number of practice

Health, Wellness, and Counseling Resources

For more details, visit wellness.buffalo.edu

Student Health Services, Wellness Education Services and Counseling Services provide interdisciplinary, collaborative services that promote the optimal health, wellness and development of all UB students.

Student Health Services

Michael Hall, South Campus, (716) 829-3316

Hours: Monday, 9:00 a.m. – 7:00 p.m.; Tuesday – Friday, 9:00 a.m. – 5:00 p.m.; closed from 10:00 – 11:00 a.m. every second Thursday of the month.

After Hours Care/Emergencies: In a medical emergency, students should call (716) 645-2222 on campus or 911 off campus. For medical advice during Health Services closed hours, on-call assistance can be contacted through Health Services by calling (716) 829-3316.

Student Health Services is committed to providing quality medical care services and comprehensive patient education to support the development and enrichment of undergraduate, graduate and professional students. All registered UB students have access to the care provided by Student Health Services regardless of their insurance coverage. Medical appointments are covered by the mandatory Comprehensive Fee included in the tuition bill. Please note that costs for lab work, prescriptions and specialty care incurred as a result of a visit are the responsibility of the student (and/or the student's personal health insurance). Most medical concerns can be taken care of by one of our providers. Appointments can be scheduled by calling (716) 829-3316. Most students can be seen the same day or the next day. Referrals to community providers are made when deemed medically necessary.

In addition to primary care services, Student Health Services offers a variety of specialty care. These include: Women's Health Clinic, Infectious Disease Clinic, Immunization Clinic (fees associated with vaccines available online), Travel Clinic, Chiropractic Clinic (provided free through partnership with New York Chiropractic College; for appointments, student should call 716-685-9631), Eating Disorders Treatment Team, STI Testing (\$10 fee) and Sports Medicine.

Wellness Education Services (WES)

114 Student Union, North Campus, (716) 645-2837

Hours: Monday – Friday, 9:00 a.m. – 5:00 p.m. (Additional hours for programs)

WES promotes wellness and fosters a healthy campus environment so that all members of the University can be better positioned for academic, personal and professional success. Students should stop by the Wellness Suite for free hot tea, chair massages, health education materials, calendar of events, nutritious snacks and to meet WES staff and students. WES programs and services, which are open to all UB students, bring students from diverse backgrounds together in supportive

activities. WES, an approved academic track within the Health and Wellness Minor of the UB School of Public Health and

Health Professions, also offers Peer Health Leadership training and internships for undergraduate and graduate students. The professional staff of Wellness Education Services is available for classroom lectures, classroom projects, campus health research, and health related internships. The following topics are the main focus areas for our campus health promotion efforts: reducing high risk alcohol and other drug use, men's health, women's health, nutrition and physical activity, violence prevention, sexual health education, GLBT outreach and education, health promotion for underserved students and stress management.

Counseling Services

120 Richmond Quadrangle, Ellicott Complex, North Campus, (716) 645-2720

Hours: Monday, Tuesday and Friday, 8:30 a.m. - 5:30 p.m.; Wednesday and Thursday, 8:30 a.m. - 7:00 p.m. (Additional counseling hours are available on the South Campus at Health Services, Michael Hall.) For after-hours emergencies, an on-call counselor can be reached by calling University Police at (716) 645-2222.

Counseling Services assists students in resolving personal difficulties and in acquiring the skills, attitudes and resources necessary to succeed in the college environment and to pursue productive and satisfying lives. Counseling Services strives to contribute to the overall educational mission of the University by facilitating the academic, emotional, social and vocational development of students and by serving as mental health consultants to the campus community. Respect for diversity and a commitment to students' personal growth are guiding principles in the work that we do. Counseling Services is the place to call for any issue related to emotional health, dealing with stress, handling a crisis or coping with the transition to college. Students often come for help with concerns, both large and small, including depression, anxiety, eating disorders, alcohol or drug use, interpersonal violence, sexual identity, relationship conflicts, grief, academic stress and family issues. Counseling Services can also be a referral resource when situations require off-campus care or longer-term therapy. Counselors are available to consult with friends, parents, faculty or staff who may be concerned about the emotional well-being of a student. Currently registered students may participate in up to fourteen individual or couples counseling sessions per year. However, on average, most students meet their needs within five to seven sessions. Visits to Counseling Services are free – all visits are covered by the mandatory Comprehensive Fee included in the tuition bill. Services are voluntary and confidential except where disclosure is required by New York State law. Counseling Services offers individual counseling, group counseling, couples counseling and crisis counseling along with skill-building workshops that provide a structured, interactive presentation of information and skills needed to develop good mental health practices.